



## Rides Supplement August 2009

### Camberwell Downhill Gourmet Bike Riders

#### July Ride:

On what was a gusty but otherwise perfect day of riding, under the leadership of Elva Parker, fourteen riders set off from Croydon Station heading towards Knox City and wending their way back to Croydon Station via Boronia and Bayswater. It was a very comfortable ride of some 30+kms on sealed surface bike paths (some very newly upgraded) and mainly flat terrain with the exception of two small steep ascents. Apart from some of the group missing the correct turnoff, the ride went very well and our thanks to Elva in organizing it for us.

#### Mid-Year Dinner:

Once again our thanks to Elva for organizing the Mid-year Dinner which was held on the 24th July 2009 and all those present seemed to enjoy themselves immensely. No wonder we have GOURMET as part of our title – everyone feasted well and will be needing to get back onto their bikes to lose those kgs they have just put on!!!

Thank you Elva for making the evening an enjoyable night.

#### August Ride

**DATE:** 16th August 2009  
**TIME:** Meet at 9.15am for 9.30 start.  
**WHERE:** East Camberwell Station to Ricketts Point Tea Rooms.  
**DURATION:** 45kms.  
**WHAT TO BRING:** Drinks and Snacks and lunch if not purchasing from the Tea Rooms

#### DETAILS:

(By prior arrangement with Bruce Dite, some riders may prefer to meet up at the coffee stop at High Street Ashburton at 9.50am but must ring to advise).

The Route is the Anniversary Trail to Alamiem and then mainly all on roads that have wide shoulders; Belgrave Road, Murrumbeena Road, East Boundary Road, Rowans Road, Highett Rd & Reserve Road.

Return via Beach Road track back to the City or wherever suits those wanting a shorter ride. Bail outs available from Sandringham Station

**HOSTS:** Contact Bruce and Yvonne Dite on 98521921 or 0430225295 if you are coming along.

#### Rides and Leaders for 2009

**September** 20<sup>th</sup> Geraldine & David; **October** 18<sup>th</sup> Bruce & Yvonne; **November** 15<sup>th</sup> ?

As you can see an organiser is still needed for November so think about offering your services.

**Dinner:** November 13th

## Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders' ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website:

<http://www.geocities.com/perften/Hct.html> or e-mail: [lexbishop@bikerider.com](mailto:lexbishop@bikerider.com)

## Ashburton Riders Club

ARC is an informal group of cyclists from (mostly), the Ashburton, Glen Iris and Camberwell area who ride for fun, fitness and good company. We seek to be inclusive of, and helpful to, all riders (male and female) and of differing fitness levels. We have approximately 70 cyclists on our email list.

We have a regular Sunday 7am ride to Black Rock for coffee. However, there are always more rides of shorter and longer distances and on other days. These alternative rides are organised by ARCers posting a notice on the [ARC Forum](#). We enter many of the main organised rides in Victoria such as Around the Bay, the Great Divide Ride and Amy's Ride.

You are welcome to join us for a ride.

### Schedule of rides:

Sunday (every week), 7am to Black Rock for coffee (44k)

Monday (every week) Hawthorn velodrome leaving from 8 Audrey Cr at 6.10am, return 7am

Tuesday (every week) Carnegie velodrome leaving 6 Rosedale Rd at 6.10am, return 7am

Other Rides will appear here if advised to ARCer1 via a [Forum](#) message prior to Wednesday 5:00 pm .

Rides start from Ashburton Railway Station car park, west/city side of the track unless otherwise stated.

**Contacts:** Tony Landsell' email: [tony@diacher.com](mailto:tony@diacher.com) or Justin Murphy, email: [murphijj@au1.ibm.com](mailto:murphijj@au1.ibm.com)

## Kew Neighbourhood Learning Centre Bike Riding Group

Get back into cycling. Explore the Yarra bike paths. Make sure you have checked your bike is in working order before you come. Rides are between 15km -25km. Let us know if you are coming.

Free - Second Wed of the month - 9.30am -12pm

Contact: Robin Kendrick, phone: 9853 3126

## Surrey Hills Neighbourhood Centre Group

The group rides on the 2nd and 4th Monday, but will possibly move to weekly rides as interest grows. Meet at 10am at the nominated place. BYO drink. Most rides are 20-25km (3hrs approx) As no liability is taken by the SHNC, cyclists are encouraged to join Bicycle Victoria, and RACV Bike Assist as an optional extra. Bookings essential at the Centre Monday to Friday 10am-4pm. Surrey Hills Neighbourhood Centre, 157 Union Rd, Surrey Hills 3127; phone: 9890 2467; email:

[info@surreyhillssnc.org.au](mailto:info@surreyhillssnc.org.au) ; [www.surreyhillssnc.org.au](http://www.surreyhillssnc.org.au)

## Finbar Neighbourhood House Rides

We are now riding regularly on the third Sunday of the month. Meet at Finbar, 143 Kent Street, Richmond to ride at 10.30am. We try to stick to paths where possible and always include a stop for a cuppa and chat. ALL WELCOME.

Contact Deb in the office on 9428 7668 or 0403 028 200 on the day.

## Sassafras Ride

Every Sunday all year. Starts at *Bike Life*, 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70km from Hawthorn to Sassafras return (includes the 7km 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: *Café Ripe*, 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melway Ref. Map 66 F9.

## Council on the Ageing (COTA) Cycling Group - Rides Program

### Seniors Bike rides in 2009

We ride 4 Wednesdays each month.

- The 1<sup>st</sup> and 3<sup>rd</sup> Wednesday rides are short (20- 30km) to encourage less experienced riders to join us and the route is chosen on the day, unless specified. The 2<sup>nd</sup> and 4<sup>th</sup> Wednesday rides are more challenging, (50- 70km).

- We generally meet at **10am** at the 'Place to meet' (see below). Check the timetable to catch a train to arrive before 10am. A coffee stop is found midmorning. We take our own lunch and picnic together on the long rides. Riders are welcome to join the ride along the way or cut the ride short at any point.

- If the temperature is 30°C or above on the day, the long rides will be cut short.

- Please contact **Janet Bennett** by e-mail [janpeter@bigpond.net.au](mailto:janpeter@bigpond.net.au) or on **9853 9808** to discuss details.

Those rides when Janet is not leading, alternative leaders will be listed.


All riders are requested to join COTA. We also recommend that riders join Bicycle Victoria.

Date	Place to meet	Description and distance	Grade
Aug 5 <sup>th</sup>	Southbank footbridge MEL 2F F7	Short ride	Easy
Aug 12 <sup>th</sup>	Belgrave station carpark MEL 75 F10	<i>Belgrave to Southbank~ 54km.</i> Ride to Southbank via Belgrave railtrail , Blind crk, Shepherds rd.to Scotsman crk, Gardener crk and MainYarra trails.	Medium
Aug 19 <sup>th</sup> *	Southbank footbridge MEL 2F F7	Short ride Leader Peter Sperring.	Easy
Aug 26 <sup>th</sup>	Belgrave station MEL 75 F10	<i>Belgrave to Southbank~ 60km.</i> Ride to Southbank via Belgrave railtrail , Blind crk, Eastlink, back roads of Donvale, Mullum Mullum crk and Main Yarra trails	Hard
Sep 2 <sup>nd</sup>	New Quay MEL 2E 4G	Short ride	Easy
Sep 9 <sup>th</sup>	Eltham station MEL 21 J7	<i>Eltham to Southbank ~ 50km.</i> Eltham station to Aqueduct circuit and then to the city via Diamond Creek and the Main Yarra trails.	Hard/ hills
Sep 16 <sup>th</sup>	New Quay MEL 2E 4G	Short ride	Easy

Sep 23 <sup>rd</sup> *	Jacana station MEL 6 G12	<i>Woodlands Park ride ~ 50km.</i> Join the Moonee Ponds crk trail, ride to Woodlands Park, climb Gellibrand Hill and return to Southbank. Leader Richard Hawkey.	Medium
Sep 30 <sup>th</sup>	No ride		
Oct 7 <sup>th</sup> *	Southbank footbridge MEL 2F F7	Short ride. Leader Peter Sperring.	Easy
Oct 14 <sup>th</sup> *	Yarra Boulevard, MEL 59 B1 (St. Kevin's boathouse) or ride from Flinders St. or Burnley station.	<i>A circuit of the city ~ 70km.</i> Ride the Gardiner crk, Scotchmans crk trails to Jells Park, then the Eastlink, Koonung crk and Main Yarra trails to return to start. Leader Ed Biggs	Medium
Oct 21 <sup>st</sup>	Southbank footbridge MEL 2F F7	Short ride	Easy
Oct 28 <sup>th</sup>	Meet at Meeniyah on the GS rail trail or Southbank at 10am.	<i>Ride the (GS) Great Southern rail trail to Foster and return ~ 64km</i> or meet at Southbank to choose a ride on the day.	Medium
Nov 4 <sup>th</sup> *	Southbank footbridge MEL 2F F7	Short ride. Leader Peter Sperring.	Easy
Nov 11 <sup>th</sup> *	Thomastown station MEL 8 J7	<i>Greenvale to the city ~50 km.</i> Link to Ring Rd, then Westmeadows Trail, Mickelham Rd (bike lane/path), streets to Greenvale Reservoir Park. Return by Yuroke crk, Broadmeadows Valley, Moonee Ponds crk trails back to City.  Leader Les Dedy.	Medium with 1 long climb
Nov 18 <sup>th</sup>		Short ride	
Nov 25 <sup>th</sup> *	Heidelberg station MEL 31 K4	<i>Croydon to Box Hill station ~ 55 km.</i> Yarra, Koonung, Mullum-Mullum Trails to end. Streets to Croydon town. Down Tarralla Creek, Dandenong Ck Trails, then streets east past Blackburn Lake, to finish at Box Hill Station. Leader Les Dedy.	Hard
Dec 2 <sup>nd</sup> *	Southbank footbridge MEL 2F F7	Short ride. Leader Peter Sperring.	Easy
Dec 9 <sup>th</sup>	Jacana station MEL 6 G12	<i>Southbank via Craigieburn ~ 50km.</i> Moonee Ponds crk, Broadmeadows Valley Park trails and the back streets of Roxborough Park to Craigieburn. Return to city via Hume and Merri crk trails.	Medium
Dec 16 <sup>th</sup>	Royal Park station Mel 29 E11	Christmas lunch ride to Graduate House, 220 Leicester St., Carlton. Ring Janet to book	Easy

## Whitehorse Cyclists Inc

Last updated July 18 2009

Date	Destination	Description	Distance and grade	Leader Contact
 Beginners' rides run on Sundays. Details posted on the <a href="#">beginners' rides page</a> weekly				

Sun 02/08 9:30 am	TBA			TBA
Tue 04/08 9:30 am	Easy Tuesday Montmorency Ramble	Main Yarra Tr, Plenty River Tr, (M)Montmorency, Rattray Rd , Diamond Creek Path. Some Hills	25 M	Dale P 9438 1647 0408 531 210
Tue 04/08 9:30 am	Hard Tuesday Warrandyte State Park	Ringwood, Mullum Mullum Creek Tr, Yarra Rd , Kellybrook Winery, Warrandyte State Park , Jumping Creek Rd , Park Orchards, Koonung Tr	60?	John C 0438 566 977
Thu 06/08 9:30 am	Strathewan	Diamond Creek Tr, Eltham, (M)Research, Hurstbridge, (L)Strathewan Some hills	55 M/H	Bob H 9886 6215
Thu 06/08 9:30 am	Easy Thursday			Loreto B 9808 1960 0412 289 236
<b>L</b> Beginners' rides run on Sundays. Details posted on the <a href="#">beginners' rides page</a> weekly				
Sun 09/08 9:30 am	TBA			TBA
Tue 11/08 9:25 am	Easy Tuesday Craigieburn	9:32 (Platform 4/5) train to Jacana, Moonee Ponds Creek Tr, Broadmeadows Creek Tr, (M)Craigieburn, Galada Tamboore Pathway, (F)Thomastown RS. Train to Rushall, Jolimont, Flinders St.	38 E	Jacques F 9497 2306 0421 732 274
Tue 11/08 9:30 am	Hard Tuesday Kallista	Ferntree Gully, Belgrave-Gembrook Rd, Selby- Aura Rd, Main Emerald Rd, Emerald, Wellington Rd, Ferntree Gully, Valda Av	50 H	Bob B 0412 028 068
Tue 11/08 7:45 pm	Club Night	Corner Station & Combarton Sts Monthly Meeting		Bob B 9801 2809
Mon 07/09 to Fri 11/09	Bendigo Hub and Spoke	Monday warm-up ride (max 20km) to view some of Bendigo 's historical places of interest. Tue to Thu local roads and trails in surrounding countryside	TBA	David Y 9884 8037 0401 013 395
Tue 8/09 7:45 pm	Club Night	Corner Station & Combarton Sts Monthly Meeting		Bob B 9801 2809
Mon 19/10 To Fri 23/10	Tatura Hub and Spoke	Visiting nearby towns eg: Kyabram, Stanhope, Murchison, Mooroopna, Shepparton	TBA	Bruce E 9848 4804
Mon 09/11 To Fri 13/11	Easy Go East Gippsland Hub and Spoke	Day rides visiting nearby towns eg: Nicholson, Bruthen, Paynesville, Lindenow	TBA	Jacques F 9497 2306
Tue 10/11 to Mon 23/11	South Australia	Supported ride through Fleurieu Peninsula , Adelaide , Barossa Valley	600 App	Lindsay B 9801 2809
Sun 16/08		Warburton Rail Trail Working Bee		Bruce E 9848 4804
Tue 13/10 7:45 pm	Annual General Meeting and Elections	Corner Station & Combarton Sts Note change of date		Bob B 9801 2809
Fri	Club Annual Dinner			Lindsay B

## Banyule Bicycle User Group—Rides Program

Rides start from Heidelberg Park (Melway ref 32 B4) unless otherwise indicated. Visitors are welcome to just turn up. Flexible ride options will be available at 9:00am Sundays or 9:30am (10:00am in August) Tuesdays and Fridays to cater for newcomers and others seeking to improve their riding fitness. For further details contact Graeme W. 9435 9687. Leaders can also provide additional information if required.

**EasyRide:** every Tuesday and Friday 9:30am (10:00am in August) – relaxed pace and informal, with break for coffee/snack/chat. **Contact: Les B. 9435 0615 for further details.**

**HarderRide:** every Tuesday and Sunday 9.00am. BYO morning tea. Check program below.

<i>Aug</i>	<i>Ride/Event</i>	<i>Description</i>	<i>Leader</i>
Sun 2	<i>Yarra Ride</i> 50 km	To and from break at Botanic gardens following trails on both banks of the river. Multiple H1 around the Boulevard.	Richard B/ 9459 8648
Tue 4	<i>Queens Park</i> 45 km	Out and back to Moonee Ponds via Capital City Trail, M.P. Creek Trail, Bent St.	Robert R/ 9439 1078
Sun 9	<i>Alamein and Box Hill circuit</i> 40 km	Anniversary and Gardiners Creek Trails. Some H1 and H2.	Graeme W/ 9435 9687
Tue 11	<i>Catani Gardens</i> 55 km	Out to Port Melb and Beaconsfield Pde. Return by Fitzroy St, Albert Park, St Kilda Rd, Canning St & Capital City Trail.	Maurie A/ 0409 186082
<b>Wed 12</b>		<b>General Meeting – Watsonia Library 8:00pm</b>	
Sun 16	<i>Lower Maribyrnong River</i> 55 km	Thornbury, Brunswick, Moonee Ponds streets to River. Break at Pipemakers Park. Then continue down river Trail to Footscray Rd Trail and home by Capital City Trail.	Lou B/ 9459 6887
Tue 18	<i>Valley Reserve</i> 45 km	Anniversary Trail (some H1 and H2) to Alamein, then follow rail to Mt. Waverley (long H1) and Reserve for break. Return by Alvie Rd, Damper Ck Res., Swayfield Rd, Chain Res. Trail to Gardiners Ck Trail at Bennetswood. Then through Box Hill to Bushy Ck and Koonung Trails.	Alan P/ 9435 9421
Sun 23	<i>Boeing Reserve</i> 53 km	Out by Darebin Ck Trail (H2 to Waiora Rd), Cheddar Rd path, Ring Rd, Moonee Ponds Ck Trail to break at Boeing Res. Continue down creek, then Pascoe Vale streets to Merri Ck Trail, Thornbury streets.	Graeme W/ 9435 9687
Tue 25	<i>Ricketts Point</i> 80 km	Out by city, port and Bay Trail. Break at Brighton or Hampton beach. Return by streets (Reserve, Middleton, Worthing, Barilla, Rowans, East Boundary, Murrumbena, Poath) and Anniversary Trail (H1). Train return from Highett an option.	Les D/ 9459 2701
Sun 30	<i>Ringwood Lake</i> 45 km	Koonung Trail to Eastlink (some H3), Ringwood exit to Ringwood Lake for break. Then Lena Gv following railway to Dandenong Ck Trail to Eastlink and Mitcham streets to Koonung Trail home.	Richard B/ 9459 8648

### September

Tue 1	<i>Epping/Woolert (Historic)</i> ~60 km	Out by Rivergum trail to Plenty Rd & Mill Park streets to Epping & Woolert historic properties. Harvest Home Rd to Hume Fwy & return by Ring Rd Trail, Greensborough.	Alan P/ 9435 9421
Sun 6	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Tue 8	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Sun 13	<i>Broadmeadows</i> 50 km.	Out and back to Roper Reserve by Ring Road.	Richard B/ 9459 8648
Tue 15	<i>Royal Park</i> 35 km.	Out through Wilson Res, Capital City Trail. Return by Upfield trail to Coburg, streets, Merri Ck, and streets to W. Heidelberg.	John G/ 9439 3884

Sun 20	<i>Edwardes Lake</i> 37 km	Out by Darebin Creek Trail and Reservoir Streets. Return by Ring Road, Greensborough and Plenty River Trail (a few H1).	Lou B/ 9459 6887
Tue 22	<i>Currawong Park</i> 35 km.	Out and back via Westerfolds & Mullum Trail. Short H3 into Currawong Park. Careful on short piece of road.	Maurie A/ 0409 186082
Sun 27	<i>Yarra Bend</i> 35 – 40 km	Streets west to Merri Ck (1 x H2). Down the Trail to break at Studley Park. Return by Boulevard (some H1) and Yarra Trail.	Richard B/ 9459 8648
Tue 29	<i>Point Cook</i> 74 km	Capital City Trail to South Kensington station ( <b>coin-only machine</b> ). Train to Altona (Zone 1). Ride Coastal Trail, Altona Meadows/Sanctuary Lakes streets & trails to the Coastal Park for lunch. Return by same route. Train from Altona to H'berg via city would shorten trip by 20 km.	Les D/ 9459 2701

**NightRide:** Every Wednesday **8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic**

**lights -**

20 km on Koonung trails or Yarra Trail to Westerfolds Park. Lights required. Contact: Robert 9457 1980

## Manningham BUG

Rides are subject to change so

**ALWAYS** phone the ride contact close to the date of the ride to confirm details.

For general enquiries ring Harvey (03)9890-8006 or Garry (03)9439-5016

### Mid Week Rides

There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

### Anderson-Wonthaggi rail trail. - Sat. Aug 15th

Meet at the roundabout turn-off to Phillip Island, (Melway 612 Q11) turn left and meet at Park and Ride.

Dont turn right to Phillip Island.

Contact Fiona 9855 8627.

### Mitcham to Glen Waverley Bakery - Sept 26th

Details to follow for a Yummy ride. Lyn and Jan.

### Phillip Island weekend. Oct 10-11, Holiday house accommodation, details to follow.

Contact Gary 9439 5016.

### Rutherglen weekend. Nov. 6-8. Camping or unit accommodation, details to follow.

Contact Gary 9439 5016.

## Melbourne Bicycle Touring Club

### Rides Program



<b>August</b>			
Sat 1 Aug	Cross country skiing (intro) more leaders required (Lake Mountain)	snow dependant	Di
Sat 1 Aug	Noojee Tall Timber	110km hard	Kerry
Sun 2 Aug	MAD ride preview (Woodend)	65km medium	David
Mon 3 Aug	Multi choice Club Lunch Food Court (Collins St End) Southern Cross Railway Station		Norm
Thu 6 Aug	Bike fit with Ian Maurer		Harry
Sat 8 Aug	Granite Boulders to Mullock Heaps (Seymour to Castlemaine)	120km hard	Kerry
Sun 9 Aug	Donna Buang Snow Ride	55km hard & cold	Peter
W/E 8-9 Aug	Ride to the Brewery & stay at the Golf Club (Mirboo North)	120km medium	Glenn
Thu 13 Aug	Hands on massage workshop for cyclists with Jon. See a demonstration of a simple seated massage that is quite relaxing after a day on the bike. Then try it out for yourself.		Vera
Sat 15 Aug	Belgrave to Pakenham	40km medium	Geoff
Sat 15 Aug	Ballan to Castlemaine	80km med-hard	Claire
Sun 16 Aug	Hughes Creek (Seymour District)	65km medium	Peter
Thu 20 Aug	Social Night		Peter
W/E 22-23 Aug	Ballarat to Skipton & return	110km medium	Tony
W/E 22-23 Aug	Archies Creek (South Gippsland)	140km med-hard	Gail
Sat 22 Aug	Skipton Trail one way, Bus return	55km medium	Ballarat
Sun 23 Aug	Burke & Wills Track (Lancefield & Kyneton)	80km hard	Rob
Thu 27 Aug	Lap du Vic		Graham



W/E 29-30 Aug	Nagambie to Woodend via Heathcote	130km medium	Pete
Sat 29 Aug	Italian food & wine night (Clifton Hill)	substantial	Kirsty
Sun 30 Aug	Woodend loop MTB climb over Mt Macedon	50 km Hard	Leon
Sun 30 Aug	Melbourne bike path loop	10-50km easy	Peter
<b>September</b>			
Thu 3 Sep	Outback		Rob
Sat 5 Sep	The Crucifixion cafe ride (Mt Dandenong)	80km very hard	Peter
Sun 6 Sep	John's 60th Ride - Up the (Moonee Ponds) Creek and down the (Merri) Creek to Pentridge. Coburg Lake Gentle ramble along (mainly) bike paths, ending in birthday cake at the park by Coburg Lake. Optional ride around the redevelopment at Pentridge prison, or a visit to the small Coburg Historical Society museum with its memorabilia of Pentridge and Coburg. Definitely More Bakeries Than Cycling.	40km easy-med	John
Sun 6 Sep	Boroondara Discovery Ride: Kew and the Yarra Valley	20km easy	Phil
Thu 10 Sep			John
W/E 12-13 Sep	Lilydale to Warburton via Rail trail. Leave Lilydale Station early Sat morn. Check into Alpine Retreat Hotel and either wander around town or head up to the aqua-duct for some scenic riding along a fern edged path. Dinner and bed at Alpine Retreat Hotel. Leisurely brekky / brunch / shop at Warburton before a relaxed ride back to Lilydale.	80km easy-med	Julie
Sat 12 Sep	A relaxed ride from Gisborne to Melbourne's northern suburbs. Stopping at the historic Clarkefield Pub for lunch. <b>Subsidised</b>	60km medium	Jon
Sun 13 Sep	Family ride Gardiner's Creek Trail	30km easy	Paul
Sun 13 Sep	Belgrave circuit via Yellingbo	50km med-hard	Geoff
Thu 17 Sep	Trip Planning		Paul



Sat 1							
Sun 2							
Sat 8							
Sun 9	Bass Coast Rail Trail Anderson - Wonthaggi return	Hybrid/ MTB	32	Easy	Ann Bull & Susan Quinn	Y	Ann.Bull@mh.org.au  goblues@netlink.com.au
Sat 15							
Sun 16	City – Heidelberg Gallery	Any	50	Easy	Mark & Nevi	N	treasurer@yhacycling.org.au
Sat 22							
Sun 23							
Sat 29	BIKE RIDE, BREAKFAST @ Belgium Beer Café	Road/ Hybrid/ MTB	26	Easy	Andrew Boyletts		Andrew_Boyletts_party@yahoo.com.au
Sun 30							
Mon 31	Ride Planning Night  Location: TBC	Social					